

# Paul Giamatti Health Problems

**Katrin Zwirgmaier**

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sollten und gedanken darüber machen  
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heiting od augenübungen als verfahren  
zur wunderheilung der sehkraft  
kommen und gehen im internet preist  
immer irgendjemand lauthals ihre  
vorteile an ohne jedoch ihre  
wirksamkeit zu belegen

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der augen ungefähr dort wo die  
wangenknochen beginnen soll müde  
augen wieder munter machen beim  
sogenannten palmieren werden die  
hände aneinander gerieben und  
dadurch erwärmt anschließend stützt  
man die ellenbogen auf dem tisch auf

und verschließt mit dem handteller die  
augen

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verraten ihnen wie das geht