

The Great Sex Rescue

Kristin Faith Evans, MA MS LMSW, Todd Evans, PhD MA

The Great Sex Rescue Sheila Wray Gregoire, Rebecca Gregoire Lindenbach, Joanna Sawatsky, 2021-03-02 What if the way Christians talk about sex actually makes it worse? Based on a groundbreaking in-depth survey of over twenty thousand women, The Great Sex Rescue pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic evangelical teachings that wreck sex for so many couples--while pointing couples to what they should have been told all along. Experience the relief of knowing that you are not broken! Elusive pleasure, mismatched desires, perpetual sexual temptation--that doesn't need to be your story any longer. This book will help you ● Discover what's holding back your sex life ● Replace harmful teachings with ones focused on freedom, passion, and love ● Move forward with check-in questions, practical applications, and reframing exercises ● Find the abundant life Jesus wants for you The Great Sex Rescue is a long overdue corrective to church culture, helping couples awaken the kind of intimacy and passion God intended.

The Good Guy's Guide to Great Sex Sheila Wray Gregoire, Keith Ronald Gregoire, 2022-03-15 If you ever wonder, Is this all there is to sex? or I wish I knew how to help my wife enjoy this more, you'll appreciate this straightforward, helpful, and faith-based advice on how to have a better sex life. Based on groundbreaking surveys of more than twenty-five thousand people, this highly practical, research-based book shows guys how to rock their wife's world. The Good Guy's Guide to Great Sex from popular marriage blogger and speaker Sheila Wray Gregoire and her husband, Dr. Keith Gregoire, will help you: Discover what your wife wants most from you in the bedroom Realize what can derail a couple's sex life and how to get it back on track Find healing from past trauma, previous relationships, and porn addiction Understand your own sex drive and how to keep it revved Learn the secrets to giving your wife the most fulfilling sex she's ever had This can-we-start-tonight? book about making sex wonderful explores how emotional, spiritual, and physical intimacy all work together. It will appeal to: Newly engaged couples who want to start their marriage off right Married couples who wonder if sex will ever become what they hoped it would be Readers of The Good Girl's Guide to Great Sex Pastors and counselors seeking a resource for helping engaged and married couples The Good Guy's Guide to Great Sex also features Couple Projects at the end of each chapter and very specific Good Guy Dares to help you woo your wife in and out of the bedroom as you find your way to a delightful, God-given passion.

Knowing and Being Known Erin F. Moniz, 2025-05-06 I can live without sex, but I can't live without intimacy. In today's

landscape of digital interactions, many people long for deeper connections. We have a desire to move from being lonely and disconnected in our relationships to be seen, known, and wholly loved. From friendships to romantic relationships, meaningful and genuine personal connections remain our heart's desire. College chaplain Rev. Erin Moniz is deeply attuned to the questions and concerns of today's emerging adults. In *Knowing and Being Known*, she explores the essential elements of healthy relationships, addresses the complexities of intimacy, and shines a light on the barriers that can impede genuine connection. With her compelling storytelling and expert insights from her research with emerging adults, she emphasizes the significant role of identity and self-worth in fostering meaningful relationships. This comprehensive resource goes beyond the subject of sex, providing a holistic perspective on intimacy that resonates with single emerging adults and married couples alike. Begin to experience healthy relationships and transform your relational world as you ask better questions to get better answers. To know that we are loved by God is to know our identity in Christ. And this knowing provides us the tools and the path to a healthy, sustainable intimacy that allows us to be at home in our fullness in the gospel and with each other.

Recovering from Purity Culture Dr. Camden Morgante, 2024-10-15 We know what is wrong with purity culture--now we need to know how to heal. Drawing on historical and psychological research, her own personal experience, and therapy case studies, Dr. Camden Morgante tackles what comes next in reclaiming our sexuality from the harmful teachings so many evangelical Christians grew up believing. With great compassion and insight, Dr. Camden · exposes five myths of purity culture and their effects on individuals and relationships · offers proven therapy techniques to replace harmful lies with healing truth · provides strategies to overcome shame in the mind and body · explores the connection between purity culture, trauma, and faith deconstruction · helps the hurting reconstruct their faith with peace and acceptance A healthy sexuality is not out of reach for those who have been harmed by purity culture. You can find freedom from shame, restrictive gender roles, and stunted relationships. Dr. Camden shows you the way forward.

Summary of Sheila Wray Gregoire, Rebecca Gregoire Lindenbach & Joanna Sawatsky's *The Great Sex Rescue*
Everest Media, 2022-03-08T22:59:00Z Please note: This is a companion version & not the original book. Sample Book Insights: #1 Just because something is better for the group as a whole does not mean that it is better for you as an individual. Many Christians aren't experiencing amazing, mind-blowing, earth-shattering sex. #2 We surveyed over 20,000 women about their sex lives, marriages, beliefs about sex and marriage, and more. We wanted to find out what makes sex great, but also what can make it bad. We wanted to ask the question that the Christian world has failed to ask for decades: Does our evangelical advice actually work. #3 The Bible says that sex is supposed to be pleasurable for both spouses, and that it should be prioritized in a marriage. But many Christians follow the Bible's advice on sex, and as a result, many women feel they have to invite their husbands to have very one-sided sex. #4 Sex was designed to be a gift freely given, not a tool for obtaining what you want through manipulation, coercion, or threat. It should put the other first, and be passionate.

She Deserves Better Sheila Wray Gregoire, Rebecca Gregoire Lindenbach, Joanna Sawatsky, 2023-04-18 What if the goal of raising a Christian girl was about more than keeping her virginity intact? What if it was about raising a strong, independent young woman who knows who she is, uses her voice, and confidently steps into the life God has for her? From the authors of *The Great Sex Rescue* comes this evidence-based book grounded on surveys of over 28,000 women to offer moms a fresh, freeing, and biblically grounded message of sexuality and self-worth for their daughters that is less about the don'ts and more about the dos. This isn't your average parenting book: no pat answers or overly broad principles here. No cliché prescriptives or toxic teachings that your daughter will have to unpack and recover from as an adult, like so many of us have. Instead, you'll find data-driven insights about how to raise a woman who is resilient, knows her strength, and has the discernment skills needed to make good choices. By reframing (and sometimes replacing) common evangelical messages to teen girls, this book will equip you to raise a girl who can navigate the difficult waters of growing up while still clinging tight to the God who created her on purpose, for a purpose.

Non-Toxic Masculinity Zachary Wagner, 2023-04-04 Boys will be boys and purity culture sell the same excuses with a different spin. Can we break the toxic cycle and recover a healthy identity for men? Confronting harmful teaching from the American church that has distorted desire, sex, relationships, and responsibility, Zachary Wagner offers a renewed vision for Christian male sexuality.

Summary of Sheila Wray Gregoire, Rebecca Gregoire Lindenbach & Joanna Sawatsky's *The Great Sex Rescue* Milkyway Media, 2022-04-22 Please note: This is a companion version & not the original book. Book Preview: #1 Christians, as a whole, have better sex and happier marriages than people who are not religious. But just because something is better for the group does not mean you, as an individual, think it's anything to write home about. #2 The orgasm gap exists between men and women, with 95 percent of men orgasming every time they have sex, while only 48 percent of women orgasm every time. This leaves many men who want to rock their wives' worlds disappointed. #3 Sex was designed to be pleasurable for both people. It was also designed to be personal, and to lead to deep intimacy. It should be prioritized in a marriage. #4 Sex should be pressurefree, it should put the other first, and it should be passionate. If we agree with those principles, are the teachings and messages we hear supporting them. Or are they creating an image of sex that is diametrically opposed to the sacrificial, mutually pleasurable, and all-encompassing passion that God created sex to be.

The Marriage You Want Sheila Wray Gregoire, Dr. Keith Gregoire, 2025-03-11 We all want a marriage that feels like home. We long for a partner who is there for us through all of life's challenges and griefs, who is in on all our inside jokes, who delights in the family we've built together, who looks with hope toward the future with a shared faith and an arm firmly around our shoulders. But how do we get there? What actually works in the real world and honors the picture of marriage found in Scripture? Based on the findings of their meticulous research, Sheila Wray Gregoire and Dr. Keith Gregoire dispel

the pervasive myths about what makes a happy marriage. Rather than relying on gender stereotypes, they look at what actually creates intimacy, emotional health, and connection, asking deeper questions that lead to real healing and growth in your relationship with your spouse. With enlightening stories, survey results, and practical tools, this book will help readers create a marriage they love. And with the evidence-based, Scripture-honoring advice in this book, that just may be closer than you imagine.

The Sexual Reformation Aimee Byrd, 2022-03-08 What does it mean to be a woman or a man created in the image of God? Many Christians don't have a good grasp of what their sexuality means. Many women in the church don't feel like their contributions matter. Why is this? The church is sadly still confused about what it means to be a man or a woman. While secular society talks about sexuality in terms of liberation, many in the church define manhood and womanhood in terms of reductive roles that rob us of the dignity of personhood, created in the image of God. In her poetic, theologically contemplative style, Aimee Byrd invites you to enter the rich treasure trove of the Song of Songs as its lyrics reveal how our very bodies are visible signs that tell us something about our God. This often-ignored biblical book has much to teach us about Christ, his church, man, and woman. And what it teaches us is not a list of roles and hierarchy. It is a love song. As it unfolds throughout the canon of Scripture, the meaning of our sexuality extends beyond biology, nature, and culture to give us a glimpse of what is to come. This meaningfulness reinforces our discipleship as we participate in the eschatological song. In *The Sexual Reformation*, you will discover the beautiful message that our bodies—and our whole selves—are part of the greater story in which Christ received the gift of his bride, the church. Within the context of that story, you'll rediscover your sexuality as a gift.

Your Daughters Shall Prophesy Todd Korpi, 2023-03-29 In *Your Daughters Shall Prophesy*, Todd Korpi charts the course for what it means to come alongside female pastors and leaders in order to move beyond being a passive supporter to being a passionate advocate for Christian women. Drawing from theology, leadership studies, practical experience, and the testimonies of women in ministry, Korpi addresses some of the most pressing issues in egalitarian churches and organizations today. He answers pressing issues such as: •Whether men really are the “spiritual head” of the home. •How our best intentions to help can actually harm women in ministry. •How Christians need a better script for lust, power, and sexuality.

Pastors' Wives Tell All Stephanie Gilbert, Jessica Taylor, Jenna Allen, 2024-04-30 In a world that expects near perfection from people in ministry, it is hard to be honest about struggles of being a pastor's wife or a woman in ministry--let alone have a sense of humor about it! In their popular podcast, *Pastors' Wives Tell All*, Jessica Taylor, Stephanie Gilbert, and Jenna Allen create a safe place for pastors' wives and women in ministry to be their most authentic selves. Now they're bringing their wit and wisdom to women through the written word. Addressing topics such as how to smash stereotypes, deal with marital

issues, make friends, and overcome parenting anxiety, they remind pastors' wives (and the people in their congregations) that God doesn't expect them to be superhuman. They show women how to · establish and maintain healthy boundaries · seek wise counsel · confess their sins and shortcomings aloud · shed the persona of perfection · and much more If you're a pastor's wife--by calling, by choice, or by circumstance--you'll find relief, renewal, and refreshment in the pages of this book.

The Routledge International Handbook of Sex Therapy and Religion Caleb Jacobson,2025-09-30 The Routledge International Handbook of Sex Therapy and Religion is an invaluable resource for clinicians, religious scholars, clergy, and anyone interested in the intersection of religion and sexual health. By weaving together psychological theories, religious ethics, and cultural competence, this volume provides a holistic approach to sex therapy that honors the faith and values of diverse religious traditions. This handbook is not only a testament to the importance of integrating religious and cultural perspectives in therapeutic practice but also a vital tool for religious scholars and clergy in understanding and addressing sexual health issues within their communities. It serves as a call to action for greater competency in addressing the complex needs of religious clients in matters of sex, sexuality, and gender.

Sexual Shame in Women and How to Experience Freedom Joy Skarka,2022-04-29 Sexual shame causes women to feel far from God, live a secret life of sexual sin, doubt that God loves them, and even question their salvation. Sexual Shame in Women and How to Experience Freedom will help readers understand sexual shame as one of the root issues among women's sexual struggles, while focusing specifically on the issues of pornography and sexual abuse. Ministry leaders must help women find freedom from sexual shame to help them walk in sexual integrity, wholeness, and healing. The freedom journey begins through understanding the character of God, being known in biblical community, and understanding God's design for sexuality. This research project is a dissertation from Dallas Theological Seminary's DMin program.

Deconstructing Purity Culture to Embrace Sexual Pleasure Andrey Jones,2025-03-18 In Deconstructing Purity Culture to Embrace Sexual Pleasure, certified sex therapist Andrey Jones explains how purity culture came to fruition and how its teachings have affected the sexuality and pleasure of generations of women. Women from this community often report difficulty with religious sexual shame, lack of sexual desire, pain during sex, and sexual dysfunction. This book focuses on how the messages of purity culture have impacted the ability of women to embrace their sexuality and pleasure. It provides guidance and tools needed to identify and evaluate beliefs and messages they received about sex, pleasure, and their roles as women so they can decide which of these messages and beliefs they would like to preserve and which they would like to change or discard. Included in this book is a seven-session psychoeducational curriculum that can be used with individuals or in a group setting. This book was written for therapists and mental health professionals who wish to understand and work with women in this population on their path of healing.

Unquenchable Love Rene Erwich,Almatine Leene,2024-08-01 More than ever before there is a need for in-depth dialogue

between theology and sciences with regard to gender and human sexuality. This is especially true for Christian communities that are increasingly challenged by the many questions and experiences people have. This book provides the material to explore the various views and bring them together from a Christian perspective, based on a theological account of desire. It shows how gender, sexuality, and faith are positively connected without losing out on deep Christian values and norms.

Uniquely Us Rev. Dr. Stephanie C. Holmes, Rev. Dan Holmes, 2025-03-04 **Uniquely Us** explores the complicated connection between Autism, Marriage, and Faith and provides a path forward for the Neurodiverse Couples working together in this journey. Stephanie and Dan Holmes write from lived experience as a NeuroDiverse Christian Couple (NDCC) as well as professional experience working with NDCCs. Their first book, written with their adult children, *Embracing the Autism Spectrum* focuses on their parenting journey of neurodivergent children and discovering their own neurodiversity in marriage. **Uniquely Us** is based on published research from Dan's later-in-life adult autism diagnosis. It focuses on faith, marriage, and autism, examining how neurodiversity and faith create a complex relationship dynamic for NeuroDiverse Christian Couples. **Uniquely Us** is designed to educate clergy, coaches, chaplains, and counselors on the nuances and complexities of working with NeuroDiverse Christian Couples.

How to Build a Thriving Marriage as You Care for Children with Disabilities Kristin Faith Evans, MA MS LMSW, Todd Evans, PhD MA, 2024-05-14 Building a vibrant and joyful marriage is always a challenge. When you add the stresses inherent in parenting children with disabilities, it becomes both more difficult and more critical. Once on the brink of divorce, Kristin and Todd Evans uncovered the unique set of skills critical for growing a fulfilling relationship amid the extraordinary challenges of caring for their two children with special needs. Now they are sharing their hard-won discoveries and inspiring marriage story with you. Weaving together insights from Scripture, research, and clinical and personal experience, Kristin and Todd offer you the practical relationship tools you need to save, strengthen, and enjoy your marriage. They help you · identify your unique needs · assess your strengths and weaknesses · set your priorities · develop healthy stress management skills · deepen your communication and connection · tackle problems as a team · find ways to rest and recharge · nurture sexual intimacy · build a strong support network · and so much more

The Ultimate Reformation Pauline R. Beer, 2024-10-07 Why don't pastors ever talk about the degrading treatment of women in Scripture? Why would God have a different definition of adultery for a man than a woman in the Old Testament? Since the virgin birth is a core tenet of the Christian faith, why do the Gospels trace Christ's ancestry through Joseph rather than Mary? These and other questions are posed by Pauline Beer as she traces her journey to find dignity in light of God's apparent tolerance for female degradation. After years of questioning divine justice and searching for answers, she presents a comprehensive look at a male-centered social system that has shaped history, Bible translations, and Christian theology. As she explores the sexual and religious dynamics of patriarchy, Beer reveals how gender imbalance has skewed our moral

compass, restrained the free-flowing power of the Holy Spirit, and impeded our understanding of the gospel. Her journey ultimately leads to a vision of hope for a reformation that will equip the church to address people's deepest needs and reveal the gospel in a glorious, new light. "Thoroughly relatable and biblically insightful, the Ultimate Reformation unmasks the manifold ways Scripture and human flourishing are undermined by male authority portrayed as God's ideal. Author Pauline Beer leaves no stone unturned in exposing Christian patriarchy as the ultimate heresy." -Mimi Haddad, PhD., President of CBE International "The Ultimate Reformation by Pauline R. Beer is a powerful, eye-opening read that dives deep into the traditional patriarchal attitudes in Christianity and how they shape our views on gender. Beer doesn't hold back – she's calling out the need for a major overhaul in how we interpret the Bible, pushing for a perspective that respects and values everyone, regardless of gender. This book challenged me and the personal biases I have brought into interpreting Scripture. ... It's not just a critique; it's a call to action for anyone who believes it's time for a change." -Mark Wilson, Lead Pastor of Hope Missionary Church, Bluffton, Indiana

Evangelical Purity Culture and Its Discontents Kathryn House, Sara Moslener, 2025-05-09 This volume is a collection of cutting-edge, interdisciplinary, and creative essays that establishes a new approach to the study of evangelical purity culture. It is a critical starting point for anyone seeking to understand this movement or begin their own research. The book brings together the work of the Purity Culture Research Collective, an independent and unaffiliated organization of scholars, mental health professionals, artists, and advocates dedicated to studying the origins and impact of evangelical purity culture. The study of purity culture is an interdisciplinary project, using a variety of theories and methods including those from psychology, religious studies, sociology, ethics, biblical/theological studies, queer studies, feminist studies, historical studies, and critical race studies. Chapters in this volume employ various methods of inquiry, with some framing their work in traditional academic prose, and others making use of self-reflexive analysis to acknowledge their own experiences as informing their arguments and conclusions. This collection of essays reflects emerging scholarship both within and beyond the academy and stands as an example of how traditional academic analysis can be released from the confines of disembodied scholarship and is enriched by a diversity of approaches. This book was originally published as a special issue of *Theology & Sexuality*.

Decoding **The Great Sex Rescue**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound

transformations is genuinely awe-inspiring. Within the pages of "**The Great Sex Rescue**," a mesmerizing literary creation penned with a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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The Great Sex Rescue Introduction

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










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