Curtis Stone Urban Farmer

Andrew Mefferd

The Urban Farmer Curtis Allen Stone,2015-12-14 There are twenty million acres of lawns in North America. In their current form, these unproductive expanses of grass represent a significant financial and environmental cost. However, viewed through a different lens, they can also be seen as a tremendous source of opportunity. Access to land is a major barrier for many people who want to enter the agricultural sector, and urban and suburban yards have huge potential for would-be farmers wanting to become part of this growing movement. The Urban Farmer is a comprehensive, hands-on, practical manual to help you learn the techniques and business strategies you need to make a good living growing high-yield, high-value crops right in your own backyard (or someone else's). Major benefits include: Low capital investment and overhead costs Reduced need for expensive infrastructure Easy access to markets Growing food in the city means that fresh crops may travel only a few blocks from field to table, making this innovative approach the next logical step in the local food movement. Based on a scalable, easily reproduced business model, The Urban Farmer is your complete guide to minimizing risk and maximizing profit by using intensive production in small leased or borrowed spaces. Curtis Stone is the owner/operator of Green City Acres, a commercial urban farm growing vegetables for farmers markets, restaurants, and retail outlets. During his slower months, Curtis works as a public speaker, teacher, and consultant, sharing his story to inspire a new generation of farmers.

Urban Agriculture and Community Values Lisa Newton,2020-03-18 This book addresses the evolving crisis in agriculture and sketches the 'community economy' that grounds agricultural enterprise more accurately than the industrial model. In its current practice, agriculture is (in the United States but increasingly in the rest of the world) unsustainable and destructive. The most immediately unsustainable feature of industrial agriculture is its dependence on the products of petroleum—as feedstock for fertilizers, herbicides, and pesticides, and as fuel for the farm machinery and transport of agricultural products into the cities. The problems of agriculture and in general the food systems to which it is attached range from the vulnerability of monocultures to new and stronger pests to the emerging medical problem of obesity. The need for agricultural reform is widely acknowledged; one part of the new work being done suggests that food production in the cities may solve several of its problems at once. This book is suitable for both undergraduate and graduate students in agriculture and environmental studies.

Global Urban Agriculture Antoinette M G A WinklerPrins, 2017-05-24 There has been growing attention paid to urban agriculture worldwide because of its role in making cities more environmentally sustainable while also contributing to enhanced food access and social justice. This edited volume brings together current research and case studies concerning urban agriculture from both the Global North and the Global South. Its objective is to help bridge the long-standing divide between discussion of urban agriculture in the Global North and the Global South and to demonstrate that today there are greater areas of overlap than there are differences both theoretically and substantively, and that research in either area can help inform research in the other. The book covers the nature of urban agriculture and how it supports livelihoods, provides ecosystem services, and community development. It also considers urban agriculture and social capital, networks, and agrobiodiversity conservation. Concepts such as sustainability, resilience, adaptation and community, and the value of urban agriculture as a recreational resource are explored. It also examines, quite fundamentally, why people farm in the city and how urban agriculture can contribute to more sustainable cities in both the Global North and the Global South.

The Ultimate Guide to Urban Farming Nicole Faires, 2016-11-15 How to maximize your food production in an urban environment. The idea of bringing agriculture into the city has been promoted by many on both sides of the political fence: proponents of sustainability and prevention of climate change as well as those who worry about government and social instability. To address the urgent need for a shift in the way our food is produced, The Ultimate Guide to Urban Farming offers a practical education in everything there is to know about city agriculture: how to grow a lot of food in any kind of urban living situation, from apartment to full-scale commercial venture. Subjects covered include: • Small scale vs. large scale agriculture • The economic, social, health, and environmental impacts of urban farming • Making the most of the space available • The latest technologies and developments in agriculture, including: hydroponics, vertical gardening, and aquaponics • Case studies and design concerns for community-based farming • The best plant species for cities and seasons • Beekeeping and small animals • Commercial agriculture and the business side of farming in a city environment This comprehensive guide will introduce readers to the rewarding possibilities of growing their own food, as well as dispel the falsehood that says we need faraway factory farms to produce everything we eat.

Farm the City Michael Ableman, 2020-04-21 "A useful manual for anyone interested in turning the concrete jungle green ... a must-have for any urban dweller serious about farming." —Publishers Weekly In Farm the City, Michael Ableman, the "Spartacus of Sustainable Food Activism," offers a guide to setting up and running a successful urban farm, derived from the success of Sole Food Street Farms, one of the largest urban agriculture enterprises in North America. Sole Food Street Farms spans four acres of land in Vancouver, produces twenty-five tons of food annually, provides meaningful work for dozens of disadvantaged people, and has improved the surrounding community in countless ways. Coverage includes: Selecting land and choosing the right crops Growing food in city farms, including plans for planting and harvesting

Fundraising and marketing strategies, philosophies, and vital information for selling fresh products Navigating local government and regulations Engaging the community and building meaningful livelihoods Farm the City is an invaluable tool kit for entrepreneurs and activists looking to create economic and social value through urban agriculture. Urban farming has the power to change diets, economies, and lives. Yet starting an urban farm can seem daunting with skills and knowledge that extend beyond growing to include marketing, sales, employees, community relations, and navigating local regulations. With this comprehensive guide, you'll be running a successful urban farm in no time. "A story of how to bring cities back to life, literally and emotionally . . . Local food not only addresses quality of life, economy, and food security, it changes our hearts . . . [a] wonderfully written testament to life." —Paul Hawken, New York Times bestselling author of Drawdown

Practical No-Till Farming Andrew Mefferd, 2022-11-01 Do less, produce more, and grow soil that feeds crops using chemical-free, organic no-till methods Andrew Mefferd, veteran farmer, author of The Organic No-Till Farming Revolution, and editor of Growing for Market magazine, brings you the ultimate guide to getting started with no-till farming. Yet there are many ways to do no-till, including mulching with compost, cardboard, straw, silage tarps, and more. Plus plenty of conflicting advice on how to get started. Practical No-Till Farming is here to help, sorting the wheat from the chaff and the horse manure from the plastic mulch. Coverage includes: How to assess your farm for no-till options considering climate, soil, and crop selection Assessment of common no-till methods, including pros and cons, materials, and the relative costs A decision-making matrix for choosing the most appropriate methods for your context How-to for each no-till method, including what to do and when Dealing with bindweed, symphylans, and other difficult weeds and pests Maximizing productivity of no-till beds Special coverage of both organic vegetable and flower no-till market farming Ideal for small-scale growers everywhere, Andrew Mefferd, veteran farmer, author of The Organic No-Till Farming Revolution, and editor of Growing for Market magazine, brings you the ultimate guide to getting started with no-till farming.

Covert Plants Prudence Gibson, Baylee Brits, 2018 Covert Plants contributes to newly emerging discourses on the implications of vegetal life for the arts and culture. This stretches to changes in our perception of 'nature' and to the adapting roles of botany, evolutionary ecology, and environmental aesthetics in the humanities. Its editors and contributors seek various expressions of vegetal life rather than the mere representation of such, and they proceed from the conviction that a rigorous approach to thinking with and through vegetal life must be interdisciplinary. At a time when urgent calls for restorative care and reparative action have been sounded for the environment, this essay volume presents a range of academic and creative perspectives, from evolutionary biology to literary theory, philosophy to poetry, which respond to the perplexing problems and paradoxes of vegetal thinking. Representations of vegetal life often include plant analogies and plant imagery. These representations have at times obscured the diversity of plant behavior and experience. Covert Plants probes the implications of vegetal life for thought and how new plant science is changing our perception of the vegetal -

around us and in us. How can we think, speak, and write about plant life without falling into human-nature dyads, or without tumbling into reductive theoretical notions about the always complex relations between cognition and action, identity and value, subject and object? A full view of this shifting perspective requires a 'stereoscopic' lens through which to view plants, but also simultaneously to alter our human-centered viewpoint. Plants are no longer the passive object of contemplation, but are increasingly resembling 'subjects, ' 'stakeholders, ' or 'actors.' As such, the plant now makes unprecedented demands upon the nature of contemplation itself. Moreover, the aesthetic, political, and legal implications of new knowledge regarding plants' ability to communicate, sense, and learn require intensive, cross-disciplinary investigation. By doing this, we can intervene into current attitudes to climate change and sustainability, and hopefully revise, for the better, human philosophies, ethics, and aesthetics that touch upon plant life. TABLE OF CONTENTS// Baylee Brits and Prudence Gibson, Introduction: Covert Plants - Prudence Gibson and Michael Marder, Art Expresses Its Own Appearance: A Conversation with Michael Marder - Prudence Gibson, The Colour Green - Baylee Brits, Brain Trees: Neuroscientific Metaphor and Botanical Thought - Dalia Nassar, Metaphoric Plants: Goethe's Metamorphosis of Plants and the Metaphors of Reason - Stephen Muecke, Mixed up with Trees: The Gadgur and the Dreaming - Monica Gagliano, Eco-psychology and the Return to the Dream of Nature - Suzanne Anker, The Blue Rose - Susie Pratt, Trees as Landlords and Other Public Experiments: An Interview with Natalie Jeremijenko - Tessa Laird, Spores from Space: Becoming the Alien - Jennifer Mae Hamilton, Gardening After the Anthropocene: Creating Different Relations between Humans and Edible Plants in Sydney - Lucas Ihlein, Agricultural Inventiveness: Beyond Environmental Management? - Andrew Belletty, An Ear to the Ground - Ben Woodard, Continuous Green Abstraction: Embodied Knowledge, Intuition, and Metaphor - Lisa Dowdall, Figures - Poems by Luke Fischer, Justin Clemens, Paul Dawson, and Tamryn Bennett.

Food and the City Jennifer Cockrall-King,2012-02-14 A global movement to take back our food is growing. The future of farming is in our hands—and in our cities. This book examines alternative food systems in cities around the globe that are shortening their food chains, growing food within their city limits, and taking their food security into their own hands. The author, an award-winning food journalist, sought out leaders in the urban-agriculture movement and visited cities successfully dealing with food deserts. What she found was not just a niche concern of activists but a global movement that cuts across the private and public spheres, economic classes, and cultures. She describes a global movement happening from London and Paris to Vancouver and New York to establish alternatives to the monolithic globally integrated supermarket model. A cadre of forward-looking, innovative people has created growing spaces in cities: on rooftops, backyards, vacant lots, along roadways, and even in vertical farms. Whether it's a community public orchard supplying the needs of local residents or an urban farm that has reclaimed a derelict inner city lot to grow and sell premium market veggies to restaurant chefs, the urban food revolution is clearly underway and working. This book is an exciting, fascinating chronicle of a game-

changing movement, a rebellion against the industrial food behemoth, and a reclaiming of communities to grow, distribute, and eat locally.

God's Country Brad Roth,2017-09-19 With the poetic force of Kathleen Norris and the pastoral warmth of Eugene Peterson, Kansas pastor Roth sets forth a vision for vibrant rural churches, for ministry in congregations that bear a profound sense of both loss and possibility, and for harvesting fruits of transformation and renewal. Rooted in stories from Scripture, his own ministry, and interviews with rural church leaders, Roth offers a sturdy theological and practical alternative to church-growth strategies that rely on success stories and flashy metrics. Reclaiming God's vision for the rural church, Roth writes, means learning how to praise, abide, watch, pray, grow, work the edges, die, befriend, and dream. In God's Country, rediscover the stunning abundance of God's presence in rural communities. Name the ways that the rural church testifies to God's glory and goodness. Learn to live and love and minister right where you are, no matter how small or unassuming it may seem. Winner of the Award of Merit, Christianity Today 2018 Book Awards, The Church / Pastoral Leadership category. Free downloadable study guide available here.

The Farmer's Office Julia Shanks,2016-09-01 A practical, how-to guide for farmers who want to achieve and maintain financial sustainability in their businesses When you decided to become a farmer, you also became an entrepreneur and business person. In order to be ecologically and financially sustainable, you must understand the basics of accounting and bookkeeping, and learn how to manage a growing business. Author Julia Shanks distills years of teaching and business consulting with farmers into this comprehensive, accessible guide. She covers all aspects of launching, running and growing a successful farm business through effective bookkeeping and business management, providing tools to make managerial decisions, apply for a loan or other financing, and offering general business and strategy advice for growing a business. Whether you've been farming for many years or just getting started, The Farmer's Office gives you the tools needed to think like an entrepreneur and thoughtfully manage your business for success.

The Lean Farm Guide to Growing Vegetables Ben Hartman, 2017-11-10 At Clay Bottom Farm, author Ben Hartman and staff practice kaizen, or continuous improvement, cutting out more waste—of time, labor, space, money, and more—every year and aligning their organic production more tightly with customer demand. Applied alongside other lean principles originally developed by the Japanese auto industry, the end result has been increased profits and less work. In this field-guide companion to his award-winning first book, The Lean Farm, Hartman shows market vegetable growers in even more detail how Clay Bottom Farm implements lean thinking in every area of their work, including using kanbans, or replacement signals, to maximize land use; germination chambers to reduce defect waste; and right-sized machinery to save money and labor and increase efficiency. From finding land and assessing infrastructure needs to selling perfect produce at the farmers market, The Lean Farm Guide to Growing Vegetables digs deeper into specific, tested methods for waste-free

farming that not only help farmers become more successful but make the work more enjoyable. These methods include: Using Japanese paper pot transplanters Building your own germinating chambers Leaning up your greenhouse Making and applying simple composts Using lean techniques for pest and weed control Creating Heijunka, or load-leveling calendars for efficient planning Farming is not static, and improvement requires constant change. The Lean Farm Guide to Growing Vegetables offers strategies for farmers to stay flexible and profitable even in the face of changing weather and markets. Much more than a simple exercise in cost-cutting, lean farming is about growing better, not cheaper, food—the food your customers want. With this book, however, I believe Ben has taken our craft to new levels with fresh ideas and different strategies."—Jean-Martin Fortier, author of The Market Gardener

The Organic No-Till Farming Revolution Andrew Mefferd, 2019-03-05 Learn how to use natural no-till systems to increase profitability, efficiency, carbon sequestration, and soil health on your small farm. The Organic No-Till Farming Revolution is the comprehensive farmer-developed roadmap showing how no-till lowers barriers to starting a small farm, reduces greenhouse gas emissions, increases efficiency and profitability, and promotes soil health. Farming without tilling has long been a goal of agriculture, yet tilling remains one of the most dominant paradigms; almost everyone does it. But tilling kills beneficial soil life, burns up organic matter, and releases carbon dioxide. If the ground could instead be prepared for planting without tilling, time and energy could be saved, soil organic matter increased, carbon sequestered, and dependence on machinery reduced. This hands-on manual offers: Why roller-crimper no-till methods don't work for most small farms A decision-making framework for the four no-till methods: occultation, solarization, organic mulches grown in place, and applied to beds Ideas for starting a no-till farm or transitioning a working farm A list of tools, supplies, and sources. This is the only manual of its kind, specifically written for natural and small-scale farmers who wish to expand or explore chemical-free, regenerative farming methods.

Flat Out Delicious Jenn Sharp, 2020-04-14 A compelling collection of intimate interviews that tell the story of Saskatchewan's unique food systems. —CAA Magazine Silver Award Winner of the Taste Canada Award for Culinary Narratives and a four-time finalist at the 2021 Saskatchewan Book Awards A robust and inspiring travel companion for both local and visiting food-lovers alike that reveals the stories, inspiration, and friendly faces of the people who craft great food in Saskatchewan. From the province's southern grain fields to its northern boreal forests, from its city markets to its small-town diners, Saskatchewan is the humble heartland of some of the nation's most delicious food. Author Jenn Sharp and photographer Richard Marjan spent four months travelling Saskatchewan, chatting at market stalls, in kitchens, bottling sheds, and stockrooms. Flat Out Delicious is the culmination of interviews with small-scale farmers and city gardeners, beekeepers and chocolatiers, ranchers, chefs, and winemakers. Together they tell the story of Saskatchewan's unique food systems. The journey is organized into seven regions (including a chapter each for restaurant hotbeds Regina and

Saskatoon), with essays that delve deeper—into traditional Indigenous moose hunts, wild rice farming in the remote north, and berry picking in the south. There are profiles of over 150 artisans, along with detailed maps, travel tips, and stunning photography, making the book the ideal companion for a road trip that involves plenty of stopping to eat along the way. You'll meet a lettuce-grower who left a career in the city, and the small-town grad who worked his way up in the Saskatoon restaurant world; couples who are the first in their families to raise livestock, alongside new generations maintaining century-old operations. Whether you're visiting for the first time or are Saskatchewan born and bred, prepare to be surprised by the abundance of personalities and culinary experiences to be found here in the land of living skies.

The Farm on the Roof Anastasia Cole Plakias, 2016-04-05 The founders of Brooklyn Grange, the world's largest green rooftop farm, share their inspirational story of changing the world through entrepreneurship. In their effort to build the world's first and largest commercial green rooftop farm, the founders of Brooklyn Grange learned a lot about building and sustaining a business while never losing sight of their mission—to serve their community by providing delicious organic food and changing the way people think about what they eat. But their story is about more than just farming. It serves as an inspirational and instructional guide for anyone looking to start a business that is successful while making a positive impact. In The Farm on the Roof, the team behind Brooklyn Grange tell the complete story of how their "farmily" made their dream a reality. Along the way, they share valuable lessons about finding the right partners, seeking funding, expanding, and identifying potential sources of revenue without compromising your core values—lessons any socially conscious entrepreneur can apply toward his or her own venture. Filled with colorful anecdotes about the ups and downs of farming in the middle of New York City, this story is not just about rooftop farming; it's about utilizing whatever resources you have to turn your backyard idea into a sky-high success.

The Butcher, the Baker, the Wine and Cheese Maker in the Okanagan Jennifer Schell,2016 In 2012, Jennifer Schell brought together 160 of the Okanagan Valley's best chefs, wine makers, and food producers to create The Butcher, the Baker, the Wine and Cheese Maker: An Okanagan Cookbook. It was an instant success, selling more than 7000 copies and winning national and global awards. Updated to reflect the constant evolution of food production and culture in the famed valley, this second edition includes profiles of the newest players in the area's culinary scene, new recipes and food and wine pairings, and updated profiles of the region's renowned and respected farmers, producers, artisans and agricultural innovators. In addition to delicious recipes for every meal, such as Quinoa Crusted Falafel Mignon, Sezmu Beef Tartare, Okanagan Lavender Mascarpone Souffle, and Saskatoon Berry Pie, this collection features the stories of the area's experts, and a listing of the area's foodie festivals and events.

Balcony Gardening 101: A Beginner's Guide to Urban Gardens Caterina Christakos, 2024-04-04 Balcony Gardening 101: A Beginner's Guide to Urban Gardens is the essential guide for anyone dreaming of a lush, green oasis in the heart of the city.

This comprehensive guide demystifies the process of starting your very own urban garden, transforming even the smallest of balconies into a thriving green space. Whether you're a seasoned gardener looking to adapt to the urban environment or a novice with a desire to greenify your outdoor space, this book has everything you need to succeed. Discover the secrets to selecting the right plants that will flourish in your unique balcony environment, from sunny spots to shaded areas. Learn how to make the most of limited space with innovative vertical gardening techniques and compact plant choices. This guide walks you through every step of the process, from planning and planting to maintenance and harvesting, ensuring your balcony garden thrives in any season. With Balcony Gardening 101, you'll also dive into the world of sustainable gardening practices, learning how to create an eco-friendly space that benefits both you and the planet. Expert tips on composting, water conservation, and organic gardening are seamlessly integrated into the guide, making it a valuable resource for those looking to reduce their environmental footprint. Packed with inspirational photographs, easy-to-follow instructions, and creative ideas, this book is your ticket to creating a beautiful, productive, and sustainable urban garden on your balcony. Start your gardening journey today and transform your outdoor space into a green sanctuary that you can enjoy year-round.

The Garden Tool Handbook Zach Loeks, 2025-01-14 Level up your growing with the right tool for every job Searching for effective, economical ways to level up your growing? The Garden Tool Handbook is the essential guide to choosing the right hand tool for the right job at the right time, and maximizing quality, efficiency, and profitability on your farm, homestead, or market garden. Carefully selected garden equipment is the first line of defense against pests, weeds, and drought; a helping hand at all stages of cultivation; and your greatest ally in crop management. Edible ecosystem expert Zach Loeks reveals the valuable information you need to optimize productivity including: How to ensure a smooth workflow and prevent labor bottlenecks by understanding the garden operation cycle from planting to harvest The advantages of tackling repetitive seasonal tasks with hand tools, such as ergonomic benefits, increased output, and more enjoyment Multifunctional equipment and professional tool systems for every operation from start-up to pro grower How smart, timely tool acquisitions can provide a high return on investment and improve your bottom line Case studies, farm use scenarios, maintenance and storage guidelines, pro tips, and more. The future of food is small-scale agriculture, and innovative, affordable garden implements adapted to specific crops, environments, and production styles are the key to revolutionizing our food system. This richly illustrated, full-color resource is a must-read for serious gardeners, professional growers, edible landscapers, and anyone who wants to grow better.

Building Your Permaculture Property Rob Avis, Michelle Avis, Takota Coen, 2021-05-11 "A fresh, integrative, and holistic perspective on how to orientate oneself to the process of establishing your dreams and visions on the land." —Richard Perkins, author of Regenerative Agriculture Building Your Permaculture Property offers a revolutionary holistic method to overcome overwhelm in the complex process of resilient land design. It distills the authors' decades of experience as

engineers, farmers, educators, and consultants into a five-step process complete with principles, practices, templates, and workflow tools to help you: Clarify your vision, values, and resources Diagnose your land and resources for strengths, weaknesses, opportunities, and threats Design your land and resources to meet your vision and values Implement the right design to enhance your strengths and improve your weakest resource Establish benchmarks to monitor the sustainability and success of your development. When designing a regenerative permaculture property, too many land stewards suffer from option paralysis, a lack of integrated holistic design, fruitless trial-and-error attempts, wasted money, and the frustration that results from too much information and no context. Building Your Permaculture Property is the essential guide for everyone looking to cut through the noise and establish an ecologically regenerative, financially sustainable, enjoyable, and thriving permaculture property, anywhere in the world. "Highlights the need for permaculture design thinking in creating resilient, regenerative, landscapes and communities. Through this work, Rob, Michelle, and Takota make a valuable contribution to the ongoing evolution of permaculture thinking and action." —David Holmgren, permaculture co-originator "Every farm, every ranch, and every homestead can benefit from thinking deeper about how human intent engages with the places we're blessed to call home." —Michael Phillips, author of The Holistic Orchard

<u>Food Artisans of the Okanagan</u> Jennifer Cockrall-King,2016 In this comprehensive guide covering the Okanagan Valley region in Canada, discover the stories of chocolatiers and cheese makers, farmers and foragers, chefs and restauranteurs, coffee roasters and vintners--

City Greens Barrett Williams, ChatGPT, 2025-07-30 Discover the transformative power of urban gardening with City Greens, your essential guide to soil-free gardening in today's bustling cities. Whether you're a novice excited to dive into the world of urban gardening or a seasoned green thumb looking to innovate, this eBook will equip you with everything you need to cultivate fresh, vibrant plants in spaces you never thought possible. Start your journey with an engaging introduction to the urban gardening revolution, exploring the numerous benefits of soil-free techniques that are reshaping how we think about food and sustainability. Delve into the intricacies of hydroponics, where you'll learn about different systems and how to choose the right one for your unique space. Explore the science of aquaponics, gaining insight into designing a harmonious ecosystem between aquatic and plant life. Push the boundaries of the future with aeroponics, an exciting evolution in urban gardening, allowing you to grow more with less. Maximize every inch of your environment with vertical gardening innovations, perfect for small spaces. Learn to select the right plants, manage light, and maintain water quality to ensure a flourishing garden. Dive deep into lighting solutions, from assessing natural versus artificial light to setting up an efficient system. Discover the art of crafting ideal nutrient solutions, choosing between organic and synthetic options, and maintaining a balanced environment. Explore small space innovations that turn rooftops, balconies, and even windows into thriving green havens. City Greens emphasizes sustainability, offering tips on reducing waste, recycling, and creating energy-efficient

gardens. Learn to design your urban oasis with aesthetic appeal, flexibility, and adaptability while gaining insights into emerging trends shaping the future of urban agriculture. Equip yourself with this comprehensive resource and become part of a movement redefining agriculture today. City Greens is not just about growing plants; it's about cultivating a sustainable future.

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