

# Cleaning Up Your Mental Mess

Richard Bailey

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december 1892 20 november 1975 was a spanish military general who led the nationalist forces in overthrowing the second spanish republic during the spanish civil war and thereafter ruled over spain from 1939 to 1975 as a dictator assuming the title caudillo [francisco franco summary britannica](#) - Jan 29 2023

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alto california to betsy franco a writer  
artist and actress and douglas eugene  
doug franco who ran a silicon valley  
business his mother is jewish and his  
father was of portuguese and swedish  
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general and leader of the nationalist  
forces that overthrew the spanish  
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war 1936 39 thereafter he was the head  
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