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aji de gallina is the comfort food of peru with subtle
sophistication in its flavor shredded chicken is cooked down
with a rich sauce of cream cheese walnuts and chili served
alongside a generous ladling of rice a hard boiled egg and an
olive

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cuisine is known for its diverse and delicious food staples
below is a list of some of the most popular peruvian food
items and their corresponding ingredients 1 cuy a type of
roasted guinea pig 2 aji de gallina a peruvian chili sauce 3
queso blanco a fresh cheese 4

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similar to other cultures peruvian dishes are a rich
combination of several influences including spanish and
chinese cuisine combined with traditional ingredients
originating from peru many tourists who visit the nation have
the opportunity to try new versions of some old favorites and
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web although the book does has a nice introduction to peruvian cuisine and the classic ingredients it does not describe the main ajies that are used such as aji amarillo aji panca aji mirasol rocoto and aji limo they all have distinctive flavors and can be used fresh dried and in paste the book does not really go into that

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onions and traditional peruvian chili peppers in a rich savory soy sauce marinade unlike traditional stir fries lomo saltado often comes with french fries and or a side of white rice

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