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przeciwieństwie do licznych cudownych diet obiecujących
błyskawiczne efekty nie stawia wydumanych wymagań jak
jedzenie wyłącznie jajek i chleba albo picie sześć razy
dziennie koktajlu buraczano melonowego

dieta paryska przepis na francuską sylwetkę nie tylko dla -
Aug 03 2023

web oct 31 2013 dieta paryska zasady na dietę paryską
składają się 3 fazy które nie mają jednak tylko jednej
właściwej kolejności możemy dowolnie je sobie ustawiać w
zależności od potrzeb choć dr cohen podsuwa nam pewne
pomysły