

# Transference Focused Therapy For Borderline Personality Disorder

Lauren Gardner

**Transference & Countertransference in Therapy: 6 Examples** Apr 11, 2025 · Transference in therapy is the act of the client unknowingly transferring feelings about someone from their past onto the therapist. Freud and Breuer (1895) described transference as the deep, intense, and unconscious feelings that develop in therapeutic relationships with patients.

**Transference: What It Is and How to Deal With It - WebMD** Jul 12, 2025 · Transference is when someone in therapy redirects their feelings about one person onto someone else or their therapist. Learn about what causes it, what to expect, and more. *Transference: What It Means and How It May Be Used in Therapy* May 28, 2019 · Transference is a phenomenon that occurs when people redirect emotions or feelings about one person to an entirely separate individual. This can occur in everyday life. [What Is Transference In Psychology?](#) Jan 24, 2024 · Transference is the psychological term of projecting your feelings, based on past experiences, onto someone else in the present. In therapy, this redirection of feelings refers to cases where the client transfers emotions based on previous interactions with figures in their lives onto the therapist (Cooper, 1987). *Transference - Psychology Today* Transference is a phenomenon in which one seems to direct feelings or desires related to an important figure in one's life—such as a parent—toward someone who is not that person. **Transference - Wikipedia** Transference is the client's unconscious shifting to the analyst of feelings, attitudes, and fantasies (both positive and negative) that are reactions to significant others in the client's past. *Transference: What It Means and How It Affects Therapy* Dec 19, 2023 · Transference happens when your feelings for someone else are projected onto your therapist. It's a key part of psychodynamic therapies, and it's something your therapist will likely want to explore to understand your interactions and relationship patterns better.

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